



Can t Swim, Can t Ride, Can t Run: From Common Man to Ironman

By Andy Holgate

Audible Studios on Brilliance, United States, 2016. CD-Audio. Book Condition: New. Unabridged. 171 x 133 mm. Language: English . Brand New. Shortlisted for Best New Writer of the Year The British Sports Book Awards 2012 This book is both a lesson in true grit and determination, but its goal is one that is attainable. Andy isn t a sporting superstar, he holds down a nine-to-five job and all the pressures that go with it; he isn t blessed with speed and talent; there are no multi-million pound sponsorship deals; yet this remarkable common man is inspiring in a way that some of today s sporting superstars have forgotten how to be. You wouldn t recognize Andy in the street, yet his story provides valuable lessons to us all: Never give up and Anything is possible.



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Reviews

This book is definitely worth acquiring. I have go through and so i am certain that i will likely to read through again again in the future. Its been printed in an exceptionally basic way in fact it is only after i finished reading this publication in which actually altered me, change the way in my opinion.

-- **Andres Bashirian**

Comprehensive guide for publication fanatics. This really is for all who statte there had not been a well worth reading through. I discovered this ebook from my dad and i encouraged this book to find out.

-- **Lacy Goldner**