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Shades of Sun (Paperback)

By Lisa Major Elders

Tattersall Publishing, United States, 2012. Paperback. Book Condition: New. 216 x 137 mm. Language: English . Brand New Book ***** Print on Demand *****.What does a twenty-eight-year-old, apparently healthy woman do when faced with the possibility of death, or of a life with chronic illness? Lisa Major Elders writes from her heart about her experiences after surviving three cardiac arrests due to idiopathic dilated cardiomyopathy. She complements them with the poems she has written on her life's journey, with themes of addiction, loss, love, life, forgiveness, healing, and peace. Her story begins with her third cardiac arrest in 2007 and then flashes back to other benchmark experiences in her life. It is her hope that others will be inspired by her words to live their lives to the fullest, regardless of the obstacles they may face.



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