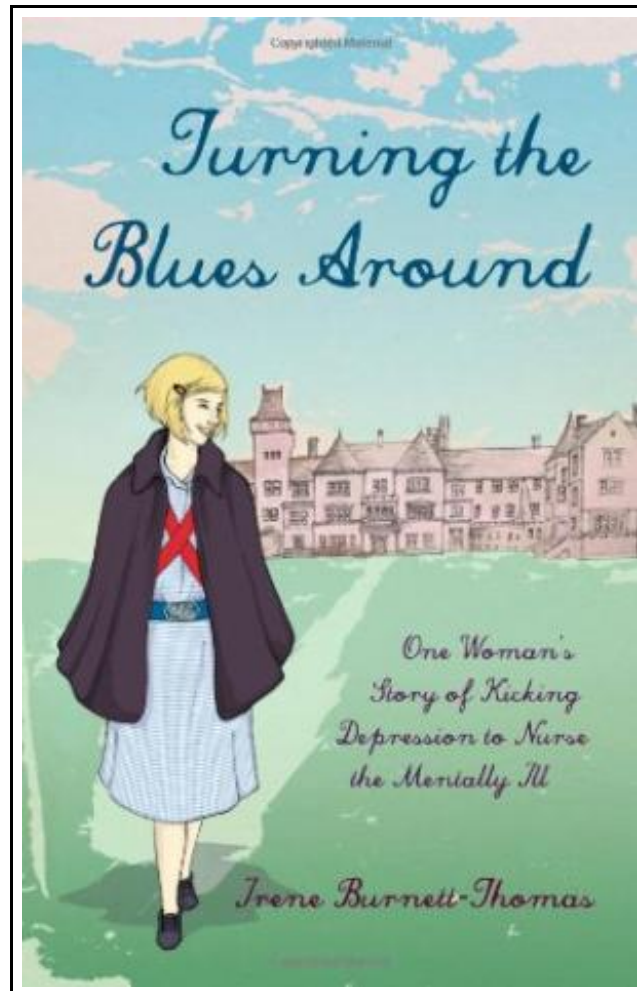


## Turning the Blues Around: One Woman s Story of Kicking Depression to Nurse the Mentally Ill (Paperback)



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*(Ms. Ora Buckridge)*

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New Generation Publishing, United States, 2009. Paperback. Book Condition: New. 198 x 128 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Irene Burnett-Thomas experienced four bouts of clinical depression in her adult life before she went on to train as a nurse. In this moving and inspirational reflection, she discusses with honesty her symptoms, treatment and recovery from depression, one episode of which occurred postnatally. We gain an intimate picture of what it feels like to suffer from depression, one of the achievements of this book being the communication of deep feelings. Written in conversational style, Irene brings light to the subject, and her spiritual strength is evident. Irene beats the serious illness of depression and moves on to help others, where we learn about her life as a student nurse and a staff nurse. We accompany her on the journey of this finally triumphant and uplifting story.

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