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Delicious Temptations from the South: Secrets from a True Southern Belle

By Valerie Lynn Pike

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Paperback. 226 pages. Dimensions: 11.0in. x 8.5in. x

0.5in. Home-Cooked Secrets from a true Southern Belle is a 226

page cookbook. Ms. Pike was inspired by family members to

create it! Valerie grew up in the South with 2 grandmothers.

Winnie who lived to 99 years of age loved to make Purple Lady

Salad. Ethel who was Swedish and lived to 102 taught Valerie

how to make the best Rice Pudding. Ms. Pike has worked as a

personal chef and professional cooking consultant in

California. You can enjoy her great appetizers for any party

such as the Cheesy Black-eyed Pea Dip. For a Super Bowl Party

her Hot Spinach Dip. Your neighbors will smell a wonderful

aroma whether you are cooking a romantic dinner or a family

get together. You can even enjoy some of these recipes with

your co-workers over a glass of red wine! Southern Gals love to

make casseroles for pot-lucks and you will love her Baked

Pineapple Casserole, as well as her Duck and Wild Rice

Casserole. Valeries cookbook will appeal to the working mother

who likes to have leftovers for the next...



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