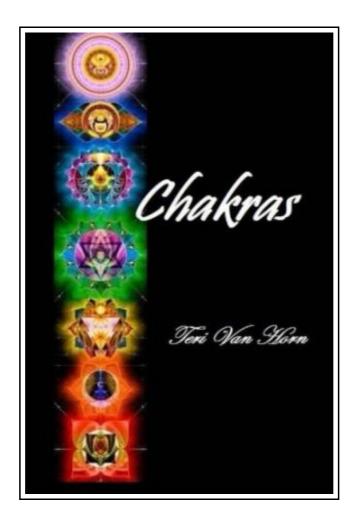
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## CHAKRAS: A GUIDE TO YOUR MAJOR, SPIRITUAL AND MINOR ENERGY CENTERS (PAPERBACK)



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Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Written knowledge of the chakra system goes back as far as 2,000 BC and can be found in the ancient text, the Vedas, as well as the Yoga Sutras. The word chakra is a Sanskrit word meaning wheel or vortex. When discussing the chakras, most people refer to the seven main energy centers that make-up the body beginning with the root chakra at the base of the spine and working their way up to the crown at the top of the head. However, it is known that we have many, more minor chakras, as well as the more advanced Spiritual Chakras. Not much has been written about the Spiritual Chakras, as they are just coming into humanity s awareness. The Spiritual Chakras assist one in becoming one with the Universe and are our guides as we transform into Ascension. Now is the time for us to become aware of these advanced systems and reaping the rewards of working with their beautiful, loving and peaceful energies, all while enhancing our physical, emotional and spiritual lives.

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